

TEN COMMANDMENTS OF GOD

1. I am the Lord thy God; thou shalt not have strange gods before Me.
2. Thou shalt not take the name of the Lord thy God in vain.
3. Remember thou keep holy the Lord's day.
4. Honor thy father and thy mother.
5. Thou shalt not kill.
6. Thou shalt not commit adultery.
7. Thou shalt not steal.
8. Thou shalt not bear false witness against thy neighbor.
9. Thou shalt not covet thy neighbor's wife.
10. Thou shalt not covet thy neighbor's goods.

SIX PRECEPTS OF THE CHURCH

1. To assist at Mass on all Sundays and holy days of obligation.
2. To fast and to abstain on the days appointed.
3. To confess our sins at least once a year.
4. To receive Holy Communion during the Easter time.
5. To contribute to the support of the Church.
6. To observe the laws of the Church concerning marriage.

HOLY DAYS OF OBLIGATION

1. Christmas (December 25)
2. Octave of the Nativity (January 1)
3. Ascension Thursday (Forty days after Easter)
4. The Assumption (August 15)
5. All Saints' Day (November 1)
6. The Immaculate Conception (December 8)

THREE EMINENT GOOD WORKS

1. Prayer
2. Fasting
3. Almsgiving

SPIRITUAL WORKS OF MERCY

1. To counsel the doubtful.
2. To instruct the ignorant.
3. To admonish the sinner.
4. To comfort the sorrowful.
5. To forgive injuries.
6. To bear wrongs patiently.
7. To pray for the living and the dead.

CORPORAL WORKS OF MERCY

1. To feed the hungry.
2. To give drink to the thirsty.
3. To clothe the naked.
4. To shelter the homeless.
5. To visit the sick.
6. To visit the imprisoned.
7. To bury the dead.

SACRAMENTS

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|----------------|-----------------------|
| Baptism | Holy Orders |
| Confirmation | Matrimony |
| Penance | Anointing of the Sick |
| Holy Eucharist | |

SEVEN DEADLY SINS

1. PRIDE: An unrestrained appreciation of our own worth.
2. AVARICE: An immoderate desire for earthly goods.
3. LUST: A hankering after impure pleasures.
4. ANGER: An inordinate desire of revenge.
5. GLUTTONY: An unrestrained use of food and drink.
6. ENVY: Sorrow over the good fortune of our neighbor.
7. SLOTH: Laxity in keeping The Faith and the practice of virtue due to the effort involved.