

# PAX

## STATEMENT OF PURPOSE

The Monastery of Christ the King (in Alabama) has been established in order to preserve the traditional practices of the Monastic Life under the Holy Rule of St. Benedict and is bound to the observance of the Holy Sacrifice of the Mass solely according to the form ordained by the Council of Trent. In all rites, ceremonies, and usages, the Monastery shall adhere without exception to the established forms of Holy Tradition, cherishing the ancient and venerable as fitting for the Divine Cult, and shunning novel and strange forms as alien to Catholic Tradition and unworthy in the expression of the Catholic Faith.

The SPECULUM (Benedictinum) shall be dedicated to the task of helping create an atmosphere, amongst all Latin Rite Roman Catholic people, that is commonly referred to as the "SENSUS CATHOLICUS". The SPECULUM shall not engage itself in debate, nor shall it attempt to prove anything to anybody. It shall respectfully leave all the proving and all the debating to those who feel the necessity to prove and to debate something.

We wish only to be Catholic — we wish only to be Benedictine Monks — the kind of Catholics our venerable forefathers taught us to be; the kind of Monks that the holy Monks and Nuns of yesteryear inspired us to be. By the holy Grace of God, it is only for this that we are here! We cannot — INDEED WE WILL NOT — allow the disturbance of argument or debate or idle gossip and speculation to enter our lives and disrupt the atmosphere of peace and serenity which prevails in our Monastery. We wish to spend our valuable time in prayer and contemplation and hard work, and we humbly suggest that you do the same. May God Bless You!

It is the hope of the Monastery of Christ the King that these few pages, to be distributed from time to time during the year, shall be a source of edification, and a cause of deeper spirituality and love of God, and the reinvigoration of traditional Benedictine Monasticism.

**Christ The King Abbey**

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