

Awareness of God

Some may think that we are over-stressing the INTERIOR LIFE. It is in the interior life of the soul that one's salvation exists. Do not be afraid of it, and with the ears of your hearts listen to the words of the Lord.

The inner life does not depend on the number of religious exercises or the multitude of prayers and Rosaries and all the rest that one recites each day. Many people confuse true and correct piety with pious practices, and consider themselves devout in proportion to the number of their performed pious exercises. The interior life of the soul does not demand an immense output of prayers and pious exercises. The Christian life does not require many hours of reflection on God – or even the FEELING of the presence of God.

True inwardness, conscious union with God, is fundamentally not a matter of a mental process at all. It is a matter of the will. It is not a succession of acts, (things to do) but an attitude, a condition, an endless, unchangeable state of love for God, of trust in God, of complete subjection to God's commands and will. In the interior life there is a constant state of prayer, it does not, therefore, consist of acts and countless religious activities.

The interior life is a permanent soul-attitude involving the subordination of our will to God's – an attitude grounded in an ALL-EMBRACING LOVING FAITH, which, without effort, habitually sees God, God's Will, God's providence, God's love in everything. In all occurrences, in all circumstances and duties, in work and difficulties – in all things – the interior workings of the soul whose object is God hears the voice of God, and inwardly responds, if not in acts, at least in silent readiness, and in an enduring attitude of agreement. The only interest that should be found in the Heart of Man is God and His pleasure, – without fear, happily avoiding anything that might offend Him. □

During these days of Holy Easter let us all clean up and make perfect the little we have and let us ask Mary, the Mother of our Lord, and St. Joseph to gather up the little fragments of our charity and holiness of life – the little things – and take them to our Heavenly Father, as a sacrifice offering of us all. May these offerings be pleasing to our Heavenly Father – sufficient to persuade Him to come quickly to the aid of us all who love Him.