

Our Monasterys' Spiritual Bouquet

On Christmas Morning, we will ask the Infant Jesus to make your happiness greater through the prayers we offer Him for you.

In our Masses and Holy Communions, your intentions will be remembered in a very special way to express our profound gratitude for your goodness to us.

We pray also for your families, your sick and your departed loved ones.

*The Monks of
Christ the King Abbey
and the Nuns of
St. Joseph Monastery*



THE INTERIOR LIFE

"I am come that they may have life, and may have it more abundantly." (John 10:10)

The world is in the midst, or at least on the edge, of a complete moral collapse. The only thing that will save it is a spiritual revolution. This revolution has to begin with the individual – each one of us – before it will have any affect on the world. The world needs saints above all things. First things must be put first once again, and attention on the spiritual life must return. Each one of us must devote our entire life to the pursuit of sanctity and union with God. It is the one thing necessary. The spiritual life is not merely something to be read about in books – it is a life that has to be lived. In the living of this life we will know true happiness, and Faith will bring us into intimate contact with God. This intimacy with God can be attained here on earth and it can transform earth into the vestibule of heaven.

The main support of the spiritual life is simplicity. Unfortunately, our confused minds have divorced "time" from "eternity"; the natural from the supernatural; our holy Religion from our daily comings and goings. Have we not, in actual practice, divorced God, the Source of ALL reality, from the "realities" of our own choosing?