

the Monastery of St. Bernard, in Alabama, where the work began in 1876. Several men were sent to Alabama from St. Vincent among them being Fathers Andrew Hintenach, O.S.B. and Benedict Menges, O.S.B. Father Andrew had to return to St. Vincent as he was elected Archabbot of that Monastery in 1888, following Archabbot Boniface Wimmer. In 1891, Father Benedict Menges, O.S.B. was elected the First Abbot of St. Bernard Abbey in Alabama. The American Cassinese Benedictines, through the Instrument of the "Declarations" of the Holy Rule, set the original traditions of the European Abbey of Metten (St. Michael's Abbey) into granite, and as time progressed, together with their Brothers of the Swiss American Congregation, became leaders in the Benedictine World. The American Houses were of help, not only liturgically and spiritually, but also financially to the Benedictine Houses worldwide. The American Cassinese Benedictines played a major role in the restoration of the International Benedictine College at Rome, San Anselmo. The Swiss American Congregation originated from a joint effort by the monks of St. Meinrad Abbey, in Indiana founded by the Abbey of Einsiedeln and by Conception Abbey, in Missouri founded by the Abbey of Engleberg.

Due to the effects of the unwarranted changes in the Roman Catholic Church to Tradition and Beliefs brought about by Vatican Council II, steps were taken on the local scene in the year 1984 to establish the Benedictine Monastery of Christ the King. The purpose of the Monks of Christ the King Monastery is to preserve Roman Catholic Tradition and to live the high standards of their rich German Monastic heritage.

Therefore, the Monastery of Christ the King is a Traditional Roman Catholic Monastery, having received its Traditions and customs from the best of Benedictine and Catholic sources, and shall ever maintain complete loyalty and subjugation to the Traditional Teaching of the Holy Magisterium of the Roman and Apostolic Church, even if it must be disobedient to any agency or authority which teaches any doctrine contrary to that Holy unchanging Magisterial Truth. The Monastery stands in resistance to the wave of modernism that has invaded the Roman Catholic Church, forever loyal to that Church and to the unchanging Truth for which it stands.