## FOR ADDITIONAL **MESSAGE** - PLEASE CUT ON THE DOTTED LINE AND RETURN

Christ the King Abbey P.O. Box 1616 Cullman, Alabama 35056-1616



... when we cook in the kitchen

Even more than the THINGS THAT I DO, I AM WHAT I THINK!! It is my Thought that prompts the act that I perform. An objectively good act may qualify as a bad one, if the thought in my head is bad that gave it birth. The cup of cold water that I give in Christ's Name will be blessed, while the distribution of all possessions to the poor and the delivering of my body to be burned is, with no thought of CHARITY IN MY MIND, NOTHING!!