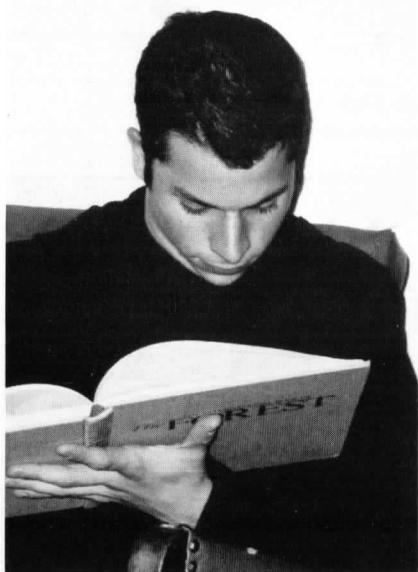


In order to pray outside the times of prayer, as well as during them, the soul must get used to turning the successive events and changes of the day into vehicles of prayers. In this way the ACTS of contemplation are expanded and extended into a contemplative ATTITUDE OF MIND.



... when we study



... when we walk
the silent paths
God has set our feet upon

**BE ASSURED OF THE PERPETUAL PRAYERS
OF THE MONKS OF CHRIST THE KING ABBEY
AND THE NUNS OF ST. JOSEPH'S MONASTERY.
PLEASE THINK ABOUT PLACING US IN YOUR WILL.**

Our incorporated name is:
Christ the King Abbey, Inc.
P.O. Box 1616 • Cullman, AL 35056-1616
(Non-Profit Religious Organization)

Mailing address:
Christ the King Abbey
P.O. Box 1616
Cullman, AL 35056-1616

Street address:
Christ the King Abbey
5060 County Road 1635
Cullman, AL 35058