

## EASTER WISHES

THE GOOD WISHES, PRAYERS AND WORKS OF OUR COMMUNITIES OF MONKS AND NUNS ASK GOD THAT YOUR LOVE FOR GOD REBOUND FIRST UPON YOU IN GRACES OF PERSONAL SANCTIFICATION, THEN THAT IT MAY REBOUND ON YOUR DEAR FAMILIES, YOUR CHILDREN, YOUR CHILDREN'S CHILDREN, YOUR SICK AND YOUR DEPARTED LOVED ONES.

IN YOUR CHARITY PLEASE PRAY  
THAT GOD'S BLESSING BE UPON  
OUR MONKS AND NUNS.

### ~ Of The Interior Life ~

God made man for God's own purpose, and God's purposes are that man should be with Him for all eternity. Man must, therefore, employ all the means whereby he can achieve what God had in mind. Man must come to know, love and serve God. It must be understood, however, that the knowing of God is not achieved by way of a superficial and intellectual knowledge, but with a profound INTERIOR AND SPIRITUAL knowledge. At the same time, man must live out his life on earth fulfilling the normal and reasonable needs of his human nature, but realizing that his human needs must always be kept as his secondary needs. Man's primary work is to develop his spiritual needs as required by God, Himself. Therefore, man's spiritual life – his INTERIOR LIFE – must be interior. The spiritual life has to be interior or it is nothing! The spiritual life must be progressive or it is nothing. Man can be faithful to his spiritual obligations only by trusting in nothing short of God. This, of course, is the basis of the CONTEMPLATIVE LIFE. The Contemplative Life is not, as some insist on believing, composed of MYSTICAL EXPERIENCES - - witness the multitudinous "heavenly" appearances and visions and colloquies we hear so much about.

In his spiritual life – his CONTEMPLATIVE LIFE – man lives out the mystery of his life – which is Christ – by his consideration of others, through his courtesy, sincerity, respect, reverence, honesty, integrity, friendliness, openness, tenderness, affection, gentleness, dignity - - HUMILITY AND PRAYER.

The grace of contemplation is not for a privileged few, but for the privileged many. Contemplation is designed by the Providence of God to be the outcome of the summit of holiness. Contemplation is nourished by Faith in God as the Will of God unfolds Itself in all its mysterious ways in the heart of Man.