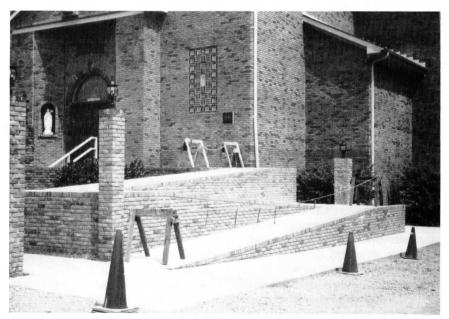
therefore have plunged into habitual wrong-doing. And when the commandments of God are broken, the lives of each and every member of the Race of Man are also broken, and the peace that should be in the hearts of all men, women, and children is crushed. When the seeds of sin are sown, a crop of troubles and sufferings – wars and murders, rage and abortion, abused and perverse sexuality of all sorts, hunger and fear, and all the rest – is positively inevitable. As we sow, so shall we reap. If we sow sin, we will gather in chastisement. The Blessed Mother sounded the warning that if sin is not corrected, the chastisement is sure to grow worse. The program is ever so profoundly simple!

And just how is mankind to accomplish the correction? By two means. The first is prayer. To address God, it is necessary to turn to Him (CONVERSIO). Intent on Him we must voice adoration, praise, contrition for sin, and petition for grace. This, sincerely done, means a radical change of heart – a radical change in our point of view. If this is not done, then there can and will be no hope.

The second means is penance. It was by sacrifice – the Sacrifice of Jesus Christ – that the world was redeemed. Reparation must be made for all offenses. The temporal punishment due to sin must be paid off. We have to fulfill what is demanded of us, and that is to carry our cross. We have no choice. We all seem to forget that we all must die – that we all have to leave this present way of living. **THEN WHAT?**  $\square$ 



The new (but unfinished) Abbey Church wheelchair ramp.