After the admission of our vices comes prayer – not a book full of formulas (prayers) – but PRAYER! This prayer must be totally genuine; it must be totally sincere; it must be totally honest. The prayer we speak of here must NEVER be feigned or pretended, or the result of bluffing or play-acting. As stated above, the admission, and indeed the prayer, must be private. It must be personal; it must be spiritual! And the ADMISSION – AND THE PRAYER – MUST BE SIGNED IN BLOOD, <u>OUR BLOOD</u>! And the signed statement must be placed forthwith in the very hand of the Divine Son!



Spring Planting with Father Prior Sebastian



There is always a time to pause and laugh

## With Care We Must Screen What We Read and Hear!

In our present age, when finger-tip information — information good, bad, or indifferent — is constantly crashing into the threshold of our minds, every care must be taken to screen what we read and hear. In today's confusion of thought, we find certain individuals, who, emitting their comments and pronouncements, make use of an authority with which they are not in fact vested! Much mental and spiritual agony is suffered because of indiscriminate and unselective reading and listing.

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