THAT IN ALL THINGS GOD MAY BE GLORIFIED!

At long last, after months of hard work, Christ the King Abbey, Cullman, Alabama, has it own official Website:

www.christthekingabbey.org

The purpose of this Website is to offer a more thorough presentation of our Abbey and the monastic way of life and spirituality. Monastic spirituality is not just for monks and nuns, but for the lay person as well. Our Website includes: our history and purpose; the life of Saint Benedict; the Holy Rule divided into daily readings; monastic life and spirituality; vocation information; the *Speculum Benedictinum*; spiritual articles from our Sunday Bulletins; and abundant photographs. Last but not least it has a special section devoted to our beloved Nuns of Saint Joseph's Monastery. **Be sure to visit us online after December 1, 2005.**

THE INTERIOR LIFE

All those who are in Heaven reached there because they loved God. Love is the only passport to our Father's House. Too many Roman Catholics over the years, and now especially in our troubled times troubled religious times - have developed a very convenient religious program. In the opinion of too many there are certain indisputable passports to Heaven - or at least to Purgatory. For them the recitation of specifically prescribed prayers; the making of the nine First Fridays; the making of the five First Saturdays; the making of pilgrimage trips; and such like; all are guarantees that cannot be doubted. For them the Holy Sacrifice of the Mass and the frequent reception of Holy Communion are signs of near predestination. For them the recitation of the daily Rosary is unfailing in its efficacy. They insist that the wearing of every Scapular and Medal in existence guarantees eternal salvation. There are those who firmly believe that the wearing of the sacred religious habit of monks and supersedes all else. Nobody can question the profound importance of such devotions and practices, and nobody has the liberty to speak of any of them with derision!

However, a partial quotation of the all important Epistle of Saint Paul – his first to the Corinthians – might well be inserted here. The language of it is painfully clear: "And if I should have prophecy and should know all mysteries, and have all knowledge, and if I should have all faith, so that I could move mountains, and have not charity, I am nothing!" The Latin word for love is *caritas*. Unfortunately the Latin word *caritas* has