

Our interior spiritual life, our interior spiritual recollection and contemplation must go beyond the moment of prayer. This does not mean that all remains the same all the day long. The cares of the day, the work, the tribulations, are all distractions which eat away at our recollection and contemplation. Nevertheless, the intention expressed during the moment of prayer must be a leaven so strong and powerful that it will give fermentation to all of the dough of the day's work, tribulations, and cares. The love that is given energy during the moment of prayer gives warmth to our thoughts when we are suffering from the stresses of the day. □

~ ~ ~ MASS INTENTIONS ~ ~ ~

In *Speculum* #37 (Assumption, A.D. 2004), due to the very increased number of Mass intentions at the time, we were forced to discontinue accepting Mass intentions for as long as it would take us to catch up.

Thanks be to God, due to your kind cooperation, we have done just that, and are now once again able to receive your Mass intentions, **without restriction**. We are grateful to you for having been so understanding. May God bless you for your consideration in this matter!

As you know, we do not send your Mass intentions elsewhere. Every Mass you send to us is said here at Christ the King Abbey by our own Benedictine priests. We may not be able to say your Masses on the dates you request, due to the number of Masses received before yours, but rest assured that your Masses will be said as soon as possible, in the order in which they are received. "Emergency" Masses will be said as close to immediately as possible.

We truly hope that we shall never again be forced to ask you to discontinue sending Masses to us.

GOD BLESS YOU FOR ALL YOUR MANY KINDNESSES TO US! THANK YOU FOR ALL THE MASSES YOU HAVE SENT US IN THE PAST!