

the sacrifice and the Temple.

If we cannot have unceasingly upon our lips the syllables of prayer, St. Pachomius would have us practice prayer in our hearts “while going from our house to the church, from the church to our house, while fulfilling an office; before, during, and after work in the open, and even while lying awake in bed.” In the last analysis, what God wants of us is what He wanted of Abraham – that we should walk before Him and be perfect in love. □

