

The help which the world receives from monasticism is brought about by the prayer and work of those who are dedicated to God by the Monastic Vows. Monks influence the world not directly by acquainting people with information, but indirectly by fidelity to the Holy Evangelical Counsels and their Monastic purpose.



*Let us note well that the power of our conversation with God does not lie in the quality of the spoken words of the prayer that issues forth from our lips.*

*The strength of our prayer lies entirely in the quality of the interior and peaceful dispositions which predominate in our hearts, and the humble state of mind that springs forth from the true and pure love in our hearts!*

*So much do we love –  
So strong is our prayer!*