

outcries at our sinful inclinations are nothing more than flimsy outcries which signify nothing in the eyes of God. "Quickie" trips to the confessional after sin has been committed are not necessarily efficacious, for such confessions reduce the very notion of contrition to a routine, legal operation and nothing more. If there is no genuine remorse for the sin committed, no remorse that the Love of God has been offended, no firm purpose, then the result is doubtful.

Being confirmed in grace does not preclude struggle, effort, perseverance, sacrifice, contrition, and suffering. □

The Incarnation

The Incarnation lies at the bottom of all sciences and is their ultimate explanation. It is the secret beauty of art. To music it has given its purest sound. It is the completeness of all true philosophies. It is the point of arrival and departure to all history. It purifies all happiness, and glorifies all sorrow. It is the cause of all we see, and the pledge of all we hope for. It is the great central fact both of life and immortality, out of sight of which man's intellect wanders in the darkness and the light of a divine life falls not on his footsteps.

BE ASSURED OF THE PERPETUAL PRAYERS
OF THE MONKS OF CHRIST THE KING ABBEY
AND THE NUNS OF SAINT JOSEPH'S MONASTERY.
PLEASE THINK ABOUT PLACING US IN YOUR WILL.

Our incorporated name is:
Christ the King Abbey, Inc.
P.O. Box 1616 - Cullman, AL 35056-1616
(Non-Profit Religious Organization)

VISIT US ONLINE:
www.ChristTheKingAbbey.org

BECAUSE OF MAILBOX VANDALISM PLEASE OBSERVE THE FOLLOWING:

Mailing address:
(For all ordinary mail and packages)
Christ the King Abbey
P.O. Box 1616
Cullman, AL 35056-1616

Street address:
(For UPS parcels ONLY)
Christ the King Abbey
5060 County Road 1635
Cullman, AL 35058