

the lives of those whose lives prevent them from being totally given to God as He desires. It is the example of the prayer life and of the work life of monks and nuns that gives courage and inspiration to God's holy people and makes them more fully fulfilled in their service. It is the hidden life of an unknown monk or an unknown nun in a distant monastery or convent that often enough makes saints of those good people who do not live in monasteries and convents and who are forced to earn their bread in the streets of the City of Babylon. □



Most Rev., Bishop José Rodríguez and the Confirmation Class January 25, 2009
Mr. and Mrs. George Niebuhr sponsors for the entire class

ATTENTION: On the Abbey's website, our Sunday bulletins are available to be downloaded. Unlike most Sunday bulletins, our bulletins usually contain an instruction on the spiritual life of the soul. Also on our website, there is a feature called Daily Spiritual Notes (the button for this is found at the top of the scroll on the homepage). Every day in these Notes, we present a paragraph or two on some practical, often encouraging, aspect of the spiritual life. Daily spiritual reading is essential for growth in the life of prayer and sanctity; even our very salvation may depend upon it.

Please check these features *regularly*.

www.ChristTheKingAbbey.org