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Cullman, Alabama 35056-1616

St. Alphonsus Liguori
wrote somewhere: "If I had it
in my power to lay down the
law in a spiritual matter, then I
would oblige every priest in the
world to preach a detailed
sermon on

The Act of
Perfect Contrition
at least once a year."

Refer back to the Speculum
Number 54 and reread from
time to time.
Copies of
The Perfect Act of Contrition
may be obtained from
Bishop Robert McKenna, O.P.



PLEASE CUT ON THE DOTTED LINE AND RETURN