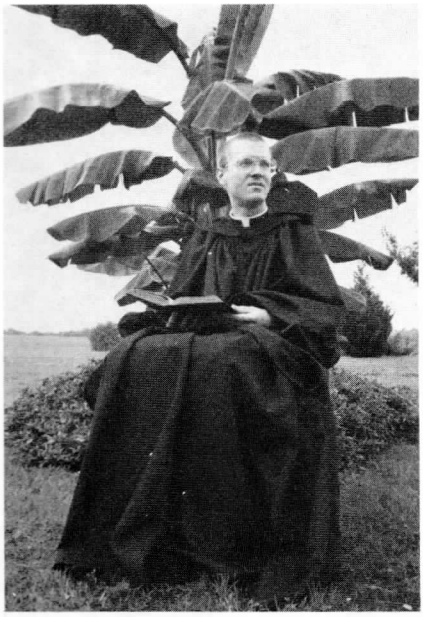

Frater Sebastian, O.S.B. pronounced his solemn vows — September 11, 1994.

If we spent more time talking about Christ and His Mysteries and less time in proving or disproving whatever — the traditionalist apostolate would be more effective.

Please Note: Due to our Vow of Poverty, we can no longer afford to provide the "Pink Envelope." Please write your special intentions on the lines below and tear at the perforation. Using your own envelope and returning the intention list to us shall save the Abbey substantial funds which will be used to complete the Abbey Church. Your cooperation and understanding will be greatly appreciated.

Please list here your very special INTENTIONS for which you wish our prayers and good works (confidential information) and return to the Abbey BEFORE FEBRUARY 1, 1995. This paper will be kept on the Altar THROUGHOUT THE SEASON OF LENT. The Monks, in their daily prayers and work will remember you and your dear loved ones — *esepcially your beloved Children* — both living and dead.